

# INFORMATION INTEGRATION WORKSHEET

## 1. ACKNOWLEDGING

What is the new piece of information?

## 2. COMPARING NOTES

In what ways is this new information in line with my current understanding?

In what ways is this new information discordant with my current understanding?

In what ways is this new information in line with my past experiences?

In what ways is this new information discordant with my past experiences?

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*INFORMATION ALONE IS USELESS. IT ONLY  
BECOMES USEFUL WHEN WE INTEGRATE IT.*

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## 3. ASKING QUESTIONS

What questions remain?

Where can I search for the answers I seek?

In what ways can I test this in my own life?

In what ways can I test this with my patients?

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*THE GREAT THING ABOUT OUR PROFESSION  
IS THAT WE'RE WALKING LABORATORIES.*

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## 4. FINDING THE TRUTH IN BOTH

In what situations might this new information apply?

In what situations might my previous understanding/model apply?

## 5. APPLYING THE NEW MODEL

How will my practice be influenced by my new expanded model? (Be as descriptive as possible)

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*WHEN WE NAME THE CONTEXT IN WHICH THE NEW & THE OLD APPLY, WE HAVE JUST EXPANDED OUR MODEL TO INCLUDE BOTH.*